**Hua Oranga – Whaiora Schedule**

|  |  |
| --- | --- |
| **Tick the response in each category which best reflects the way you are feeling** | |
| **Wairua – spiritual wellbeing** | **Tick** |
| 1. I feel that my spiritual health is **extremely good** at present |  |
| 1. I feel that my spiritual health is **good** at present |  |
| 1. I feel that my spiritual health is **just okay** at present |  |
| 1. I feel that my spiritual health is **not good** at present |  |
| 1. I feel that my spiritual health is **very bad** at present |  |
| **Tinana – physical wellbeing** |  |
| 1. I feel that my physical health is **extremely good** at present |  |
| 1. I feel that my physical health is **good** at present |  |
| 1. I feel that my physical health is **just okay** at present |  |
| 1. I feel that my physical health is **not good** at present |  |
| 1. I feel that my physical health is **very bad** at present |  |
| **Hinengaro – mental wellbeing** |  |
| 1. I feel that my mental health is **extremely good** at present |  |
| 1. I feel that my mental health is **good** at present |  |
| 1. I feel that my mental health is **just okay** at present |  |
| 1. I feel that my mental health is **not good** at present |  |
| 1. I feel that my mental health is **very bad** at present |  |
| **Whānau – family and relationship wellbeing** |  |
| 1. I feel that my relationships with my whānau are **extremely good** at present |  |
| 1. I feel that my relationships with my whānau are **good** at present |  |
| 1. I feel that my relationships with my whānau are **just okay** at present |  |
| 1. I feel that my relationships with my whānau are **not good** at present |  |
| 1. I feel that my relationships with my whānau are **very bad** at present |  |

Name or NHI \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Hua Oranga – Whānau Schedule**

Whaiora Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |
| --- | --- |
| **Tick the response under each category which best reflects the way you think your relative is feeling** | |
| **Wairua – spiritual wellbeing** | **Tick** |
| 1. I feel that the spiritual health of my relative is **extremely good** at present |  |
| 1. I feel that the spiritual health of my relative is **good** at present |  |
| 1. I feel that the spiritual health of my relative is **just okay** at present |  |
| 1. I feel that the spiritual health of my relative is **not good** at present |  |
| 1. I feel that the spiritual health of my relative is **very bad** at present |  |
| **Tinana – physical wellbeing** |  |
| 1. I feel that the physical health of my relative is **extremely good** at present |  |
| 1. I feel that the physical health of my relative is **good** at present |  |
| 1. I feel that the physical health of my relative is **just okay** at present |  |
| 1. I feel that the physical health of my relative is **not good** at present |  |
| 1. I feel that the physical health of my relative is **very bad** at present |  |
| **Hinengaro – mental wellbeing** |  |
| 1. I feel that the mental health of my relative is **extremely good** at present |  |
| 1. I feel that the mental health of my relative is **good** at present |  |
| 1. I feel that the mental health of my relative is **just okay** at present |  |
| 1. I feel that the mental health of my relative is **not good** at present |  |
| 1. I feel that the mental health of my relative is **very bad** at present |  |
| **Whānau – family and relationship wellbeing** |  |
| 1. I feel that the relationships my relative has with our whānau are **extremely good** at present |  |
| 1. I feel that the relationships my relative has with our whānau are **good** at present |  |
| 1. I feel that the relationships my relative has with our whānau are **just okay** at present |  |
| 1. I feel that the relationships my relative has with our whānau are **not good** at present |  |
| 1. I feel that the relationships my relative has with our whānau are **very bad** at present |  |

**Hua Oranga – Clinician/Coach Schedule**

Whaiora Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |
| --- | --- |
| **Tick the response under each category which best reflects the way you think the tangata whaiora is feeling** | |
| **Wairua – spiritual wellbeing** | **Tick** |
| 1. I feel that the spiritual health of the tangata whaiora is **extremely good** at present |  |
| 1. I feel that the spiritual health of the tangata whaiora is **good** at present |  |
| 1. I feel that the spiritual health of the tangata whaiora is **just okay** at present |  |
| 1. I feel that the spiritual health of the tangata whaiora is **not good** at present |  |
| 1. I feel that the spiritual health of the tangata whaiora is **very bad** at present |  |
| **Tinana – physical wellbeing** |  |
| 1. I feel that the physical health of the tangata whaiora is **extremely good** at present |  |
| 1. I feel that my physical health of the tangata whaiora is **good** at present |  |
| 1. I feel that my physical health of the tangata whaiora is **just okay** at present |  |
| 1. I feel that my physical health of the tangata whaiora is **not good** at present |  |
| 1. I feel that my physical health of the tangata whaiora is **very bad** at present |  |
| **Hinengaro – mental wellbeing** |  |
| 1. I feel that my mental health of the tangata whaiora is **extremely good** at present |  |
| 1. I feel that my mental health of the tangata whaiora is **good** at present |  |
| 1. I feel that my mental health of the tangata whaiora is **just okay** at present |  |
| 1. I feel that my mental health of the tangata whaiora is **not good** at present |  |
| 1. I feel that my mental health of the tangata whaiora is **very bad** at present |  |
| **Whānau – family and relationship wellbeing** |  |
| 1. I feel that the relationships the tangata whaiora has with their whānau are **extremely good** at present |  |
| 1. I feel that the relationships the tangata whaiora has with their whānau are **good** at present |  |
| 1. I feel that the relationships the tangata whaiora has with their whānau are **just okay** at present |  |
| 1. I feel that the relationships the tangata whaiora has with their whānau are **not good** at present |  |
| 1. I feel that the relationships the tangata whaiora has with their whānau are **very bad** at present |  |